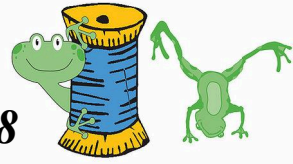


FROG BRIDGE GYMNASTICS & NINJA

2024-25 CLASS SCHEDULE: SEPT 3 - JUNE 18



*Daytime group classes for 4 or more students are available upon request for any of the classes listed below.
Schedule a time Tues-Fri between 9am-4:00pm that works best for your group.*

TADPOLES: Parent & Tot Gymnastics Classes (ages 20 mo.- 3.5 years)
Weds 10:30-11:15 am/ Thurs 4:45-5:30/ Fri 4:00-4:45/ Sat 9:15-10 am/ 10-10:45 am

LITTLE LEAPERS: Preschool Gymnastics Classes (Ages 3.5- 5 years)

Tues 5:30-6:15/ Weds 11:15 am-12 / Thurs 4:00-4:45/ 5:30-6:15/ Fri 4:45-5:30/ Sat 9:15-10:00 am/10-10:45 am

All preschool students will be required to have a parent during class until the teacher determines that they are ready to be independent.

INTRO FROG BRIDGERS: Beginner Level Gymnastics Classes (Ages 5-7 Y/ Ages 8 & up O)

Tues 4:30-5:30 Y/ Thurs 6:15-7:15 Y/ Fri 6:30-7:30 O/ Sat 9:00-10:00 am Y/ 11:45-12:45 O

FROG BRIDGERS: Intermediate Level Gymnastics Classes (Ages 5-7 Y/ Ages 8 & up O)

Must have completed the Intro Frog Bridger class or schedule a time for an evaluation

Tues 4:30-5:30 Y/ 6:30-7:30 O/ Fri 5:30-6:30 Y/ 6:30-7:30 O/ Sat 10-11:00 am Y/ 10:45-11:45 am O

ADVANCED FROG BRIDGERS: Advanced gymnastics class students are selected by coaches based on level (Ages 7+)

Tues 6:30-8/ Thurs 6:15-7:45/ Sat 10:45-12:15

HOME-SCHOOL GYMNASTIC, NINJA & COOPERATIVE GAMES- Weds 12:30-1:30/ 1:30-2:30. All levels are welcome! Grouped by ages. This will be a fun PE activity with a focus on gymnastics, ninja & cooperative group games. If your homeschool group of 4 or more requires a different time please let us know. **SPECIAL DISCOUNTED GROUP RATES!**

SPECIAL NEEDS, FIELD TRIPS, TUMBLING CLASSES - available to groups of 4 or more upon request

ADULT/ TEEN OPEN GYM: Ages 15 & up. Supervised time for use of our gymnastics or ninja equipment. \$15 per hour or punch card of 5 open gyms for \$60/ 10 punches for \$100. Monday and Weds 8-9:00pm

GIRLS TEAM LEVELS XCEL COPPER- DIAMOND: Ages 5 and up. Schedules and rates available upon request.

NINJA TRAINING CLASSES: Work on the skills needed to become the next American Ninja or Junior Ninja Warrior! We have a specially designed strength & agility building ninja training center with a variety of obstacles ranging from novice to ultra challenging. We have the Warped Wall, Ultimate Cliff- Hanger, Salmon Ladder, Ropes, Rings & much, much more.
Great cross-training for youth & adults!

LIL' NINJAS: Parent & Tot Ninja Class (ages 4-6 years)

Tues 4:30-5:15/ Thurs 4-4:45/ 5:45-6:30/ Fri 5:30-6:15/ Sat 11:00-11:45 am

Lil' Ninja students are required to have a parent during class until the teacher determines that they are ready to be independent.

INTRO NINJAS: Beginner Level Ninja Classes (Ages 6.5+)

Tues 6:30-7:30/ Thurs 4:45-5:45/ Fri 4:30-5:30/ Sat 9:00-10:00 am

NINJA 1: Intermediate Level Ninja Classes (Ages 7+)- *students must have completed intro level or schedule a time for evaluation*

Tues 5:30-6:30/ Thurs 6:30-7:30/ Fri 6:15-7:15/ Sat 10:00-11:00 am

NINJA 2: Advanced Level Ninja Class (*by try-out only or prior approval*)

Thurs 7:15-8:15

GYMNASTICS & NINJA PARTIES OR FIELD TRIPS: Let your guests "BOUNCE" off of our walls! Great fun for birthdays, family gatherings, school groups, team parties, etc...includes supervised gymnastics or ninja obstacle courses and age appropriate games (dodgeball, etc..). Check out our website for more information!

LOCATED INSIDE THE EAST BROOK MALL (across from Famous Footwear)

95 STORRS ROAD, MANSFIELD, CT (860)786-7107

www.frogbridgegymnastics.com frogbridgegym@gmail.com

FROG BRIDGE GYMNASTICS & NINJA

2024-2025 RATES- Sept 3, 2024- June 18, 2025



<u>Session Rates</u>	<u>Session Dates</u>
<p>(8 week rates- 8 classes)</p> <p>45 min Gymnastics \$180</p> <p>45 min Ninja \$180</p> <p>1 hour Gymnastics \$190</p> <p>1 hour Ninja \$190</p> <p>1.5 hour Gymnastics \$240</p> <p>NO YEARLY REGISTRATION FEES!</p> <p>SPLIT PAYMENT OPTIONS AVAILABLE</p> <p>Sibling discounts! 10% off 2nd sibling enrolled, 20% off 3rd, etc..</p>	<p>Session 1: Sept 3- Oct 28</p> <p>Session 2: Oct 29- Jan 9 Closed October 31st, Nov 26-30 & Dec 23-Jan 1</p> <p>Session 3: Jan. 10- March 6 Closed Jan 20th MLK Day</p> <p>Session 4: March 7- May 1</p> <p>*Session 5: May 2- June 18 Closed May 26th Memorial Day & June 19th Juneteenth Day</p> <p>*7 week Session (tuition will be prorated) Thursday students will receive 1 make-up class</p> <p>WINTER SHOW DATES: 12/14 & 12/15 SPRING SHOW DATES: 6/7 & 6/8 NINJA COMPETITIONS: 11/17, 2/16, 4/20, 6/1</p>

<p>EARLY BIRD DISCOUNTS!</p> <p>10% off Session 1 for full payment by July 1st</p> <p>5% off Session 1 for full payment by August 1st</p>	<p>WE OFFER ON-GOING ENROLLMENT!</p> <p><i>Tuition will be prorated.</i></p>	<p>All students are on CONTINUOUS ENROLLMENT from Session 1 thru Session 5 until you DISENROLL. You must email or fill out a disenroll form 2 weeks before the next 8 week session begins or you WILL BE CHARGED for the following 8 week session.</p>
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SPACES ARE LIMITED! SIGN-UP EARLY TO GET YOUR CHOICE CLASS TIME!

We are currently accepting online registrations and payments using our Jackrabbit parent portal. If you need any assistance with registration please contact us at frogbridgegym@gmail.com

HUGE DISCOUNTS WHEN YOU TAKE MULTIPLE CLASSES EACH WEEK!						
<i>Ninja/Gymnastics combos apply</i>						
<i>This rate chart is based on a FULL 8 week session. Monthly split payment options are available.</i>						
	1 Class Weekly		2 Classes Weekly 25% off 2nd class		3 Classes Weekly 25% off 2nd class/ 50% off 3rd class	
	<i>Full Payment</i>	<i>Split Payment</i>	<i>Full Payment</i>	<i>Split Payment</i>	<i>Full Payment</i>	<i>Split Payment</i>
45 Min Class	\$180	\$90	\$315	\$157.50	\$405	\$202.50
1 Hour Class	\$190	\$95	\$332.5	\$166.25	\$427.50	\$213.75
1.5 Hour Class	\$240	\$120	\$420	\$210	\$540	\$270

FOR MORE INFO email us at frogbridgegym@gmail.com

REGISTER ONLINE AT www.frogbridgegymnastics.com