



# FROG BRIDGE GYMNASTICS & NINJA



2025-26 Class Schedule: September 2-June 13

## GYMNASTICS CLASSES:

- **TADPOLES (45 Min)**: Parent & Tot Gymnastics Classes (ages 20 mo.- 3.5 years)
- **LITTLE LEAPERS (45 Min)**: Parent & Tot Preschool Gymnastics Classes (ages 3.5 - 5 years)
- **INTRO FROG BRIDGERS (1 Hr)**: Beginner Level Gymnastics Classes (Ages 5-7 Y/ Ages 8 & up O)
- **FROG BRIDGERS (1 Hr)**: Intermediate Level Gymnastics Classes (Ages 6-8 Y/ Ages 9 & up O)
- **ADVANCED FROG BRIDGERS (1.5 Hr)**: Advanced gymnastics class (Ages 7+) - **By prior approval or try-out only**

## NINJA CLASSES

- **LIL' NINJAS (45 Min)**: Parent & Tot Ninja Warrior Classes (ages 4-6)
- **INTRO NINJAS (1 Hr)**: Beginner Level Ninja Classes (Ages 6+)
- **NINJA 1 (1 Hr)**: Intermediate Level Ninja Classes (Ages 7+) Students must have completed Intro Ninja



## WEEKLY SCHEDULE

Classes	Tuesday	Wednesday	Thursday	Friday	Saturday
Tadpoles - 45 min		10:30	4:45	4:00	9:30
Little Leapers - 45 min	5:30		4:00 4:45	5:00	9:30 11:30
Intro Frog Bridger - 1 hr	4:30 Y		5:30 Y 6:30 O		10:30 Y
Frog Bridger - 1 hr	4:30 Y		5:30 Y 6:30 O	6:00 O	10:30 Y
Advanced Frog Bridger - 1.5 hr	6:30				11:30
Lil' Ninja - 45 min	4:30 5:30		5:30	5:00	10:30
Intro Ninja - 1 hr	5:30		4:30		9:30
Ninja 1 - 1 hr	6:30		6:30	6:00	11:30
Miscellaneous					

Located inside the East Brook Mall (across from Famous Footwear) | 95 Storrs Road, Mansfield, CT

[www.frogbridgegymnastics.com](http://www.frogbridgegymnastics.com) | [frogbridgegym@gmail.com](mailto:frogbridgegym@gmail.com)

# OTHER ACTIVITIES OFFERED

Check out our website or e-mail for more info on any of the activities listed below

Home-School Classes

Tumbling Classes

Adult/Teen Open Gym

Girls Team Levels Excel Copper-Diamond

Birthday Parties

Field Trips

## 2025-26 SESSION DATES & RATES

### Rates

(8 week rates - Prices **per session**)

45 Min Gymnastics - \$180

45 Min Ninja - \$180

1 Hr Gymnastics - \$190

1 Hr Ninja - \$190

1.5 Hr Gymnastics - \$240

*No yearly registration fees!*

*Split payment options available*



We offer ongoing enrollment, sign up any time and tuition will be prorated

### Session Dates

**Session 1:** Sep 2-Oct 25

**Session 2:** Oct 28-Jan 3

*Closed 10/31, 11/26-29, 12/23-1/1*

Thurs & Fri - 7 week session  
(tuition prorated)

**Session 3:** Jan 6-Feb 28

**Session 4:** Mar 3-April 25

**Session 5:** April 28-June 13  
7 Week Session (tuition prorated)

**When signing up for classes you are committing to the FULL Session.**

All students are on **CONTINUOUS ENROLLMENT** from Session 1 through Session 5 unless you **DISENROLL**. You must email or fill out a disenrollment form at the front desk 2 weeks before the next 8 week session begins or you **WILL BE CHARGED** for the following 8 week session.



## DISCOUNTS



### Full Year Discount

Take at least one class weekly for Sessions 1 through 5 and receive **50% off** your 5<sup>th</sup> session!

### Multiple Class Discounts

2 classes weekly - **25% off** the 2<sup>nd</sup> class  
3 classes weekly - **50% off** the 3<sup>rd</sup> class  
\*Rate chart online\*

### Sibling Discounts

**10% off** 2<sup>nd</sup> Child  
**20% off** 3<sup>rd</sup> Child  
**30% off** 4<sup>th</sup> Child

**REGISTER ONLINE AT** [www.frogbridgegymnastics.com](http://www.frogbridgegymnastics.com)